

How did your dog get so good?

Obedience is a lifestyle: Your dog should be able to do ALL of these when you are done with training.

It's a pretty easy list but does require practice and consistency. Remember that none of us got our dogs thinking that we wanted to leave them at home. We want dogs we can take WITH us, dogs that we can INCLUDE in our life and our adventures!

Take pictures or videos of each part and send it to me. If you don't know how to do something, ask me – I love teaching and I'd love to give you your graduation certificate!

Show me with your dog these exercises:	Video or photo sent to Sarah	Date
Correct collar placement		
Proper leash length when sitting at heel		
Proper leash hold		
Heel with you for pace changes, right turns, left turns		
Sit by your side when you come to a stop in heel		
Heel past dogs		
Heel past people at a shopping center		
Heel past people/dogs in neighborhood		
Heel to Mailbox with polite sit while you get the mail. Heel back to house.		
Wait to get into the car		
Load up (enter the car on command)		
Remain in the down while in the car		
Wait to get out of the car		
Let's Go (exit the car on command)		
Wait to exit house followed by Let's Go		
Wait to enter house followed by Let's Go		
Wait to exit yard or other building followed by Let's Go		
Wait to enter yard or other building followed by Let's Go		
Dog politely waits to get dressed before leaving kennel		
Wait to enter Kennel followed by Kennel		
Wait to exit Kennel followed by Kennel		
Stay in the kennel for at least 5 minutes with the door open		
Send to Kennel from five feet away		
Return to Heel from in front of handler		
Finish (starting in front of handler and going around behind handler to return to heel)		
Square off 90° (handler turns 90° left and right with dog finding the heel position)		
Figure 8 (heeling around 2 objects)		
Slalom (heeling around multiple objects or through a crowd of people where there are multiple weaving turns)		

Turn in a circle to the right and to the left on a paper plate (small turns where dog maintains heel position)		
Sit and Down at side from a stand, sit and from a down		
Sit and Down in front from a stand, sit and from a down		
Sit in motion while heeling		
Sit while handler picks up poop		
Sit before eating dog food followed by Break		
Down in motion while heeling		
Down at outdoor café		
Down or place at friend/relative house		
Down while vacuuming		
Down while doing dishes		
Down while doing laundry		
Go to Place from five feet away		
Place while watching TV		
Place while people are eating meals		
Place while people are working/checking email/ reading		
Stay in Down/Place out of sight for at least 5 minutes inside		
Move (dog moves out of your way as you pass through a space)		
Hurry (tell your dog to go potty, Hurry, get busy, etc – this is where you are in charge of bathroom breaks – remember, walks don't include marking)		
Break		
Come and sit in front of handler		
Come past food		
Come past toys		
Come past people		
Come around other dogs		
Public Access		
Heeling past bikes & joggers on the bike path or in the neighborhood		
Fieldtrip inside a store (Lowes, Cabela's, PetSmart, Merryfield Garden Center, Macy's, Plow & Hearth)		
Fieldtrip at an outdoor café		
Heeling calmly around traffic (city streets) and crossing a busy intersection		
In a calm Down while children pass		
In a calm Heel, Sit or Down as a cart/stroller passes		
Calm Sit in an elevator		
Heel on stairs – no pulling (up and down stairs)		
Thank you/drop it with toys		
Tell me that you did the following:		
Down for 1 hour for 10 days		
Sit for 5 minutes for 10 days		
Polite greeting of people (at least 15) – existence around people is polite. Barking, growling, or jumping is not. They		

don't have to like people or be petted by people – they have to be polite. Just like me, dogs don't want hugs from EVERYONE. I prefer pictures but I'll also take your word for it.		
Accepting a package or taking in the groceries with your dog waiting on Place or in a Sit or in a Down (door must open and close)		

